



HEALTH

Projects in the field of health (*niramaya aarogya*) include dispensaries in allopathy, homeopathy, ayurved, naturopathy and panchgavya (medicinal products from cow urine and dung), mobile medical clinics, hospitals, and ambulances. Trained aarogya sewaks and sewikas are placed in villages to provide primary health care and referral services. Medical check-ups, both general and specialized are organized from time to time. *Vyavyaam shalas* (gyms) are set up to promote good health.